

Safety Code

- Know your rules and play by the rules.
- Keep your medical release forms with you (manager/coach) at all practices and games.
- Have your first aid kit and ice with you at all practices and games. If the manager or coach has not been trained in CPR/first aid, find out ahead of time which of your parents is up to date on these, in case of an emergency.
- All injuries **treated by a doctor** are to be reported to the Safety Officer immediately.
- Fields must be inspected prior to each game. This is the responsibility of the manager and umpires.
- Only players, managers, coaches, and umpires are permitted on the playing field during play and practice sessions.
- Make sure there is a phone available at all practices and games.
- All players should be properly warmed up and stretched before a game.
- Players are to be instructed in safe sliding, catching, and batting.
- Except when the runner is returning to a base, there is no head first sliding.
- Batters and catchers must wear protective NOCSAE embossed helmets during practice, as well as during games.
- Any player must wear a catcher's helmet, face mask, throat guard, and cup when warming up pitchers. This applies between innings and bull pen practice. Skull caps are not permitted.
- Catchers must wear a catcher's helmet with face mask and throat guard, long model chest protector, except Jr.s, Sr.s, and Big League, a cup and shin guards.
- Equipment should be inspected regularly. Check bats for cracks, dings, and stress marks. Contact our Equipment Manager, Dave Foster @ 253 804-0633 if you have equipment needing repairs or to be replaced.
- Teach players proper handling of equipment and be a good example.
- Bat racks should be positioned behind screens. Keep hats and loose equipment off of the field of play. Keep players from standing with their fingers through the fence.
- Players must not wear watches, rings, pins, or other jewelry, or metal items, with the exception of medical alerts. Parents of players who wear glasses should be encouraged to provide "safety glasses". Mouth guards are encouraged.
- No games or practices should be held when weather or field conditions are not good, particularly when lighting is inadequate.
- Make sure all kids are picked up before leaving the field. Have a back up plan in case practice ends early because of inclement weather.
- All volunteers are required to fill out the revised Little League Application form. It is up to the managers to give this form to all volunteers.